

## Hands-on Activities

Below 18 months

### SENSORY BOTTLE

#### Materials Required

- 1 Empty bottle
- 2 Water
- 3 Oil
- 4 Water-based paints or food colouring
- 5 Glitter/pulses  
(anything that is colourful)

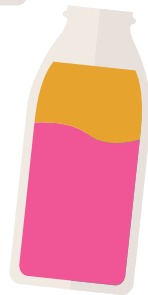
# Let's make our very own Sensory Bottle

## How to make

- 1 Fill any transparent bottle with water.



- 2 Add a little oil and food colouring/water colours to the water.



- 3 Add whatever resources available at home like pulses, glitter, sequences.



- 4 Seal the bottle.



Look, our bottle is ready!

