

## Junior Fun Activities

3 to 5 Years

### POURING LIQUIDS

#### ● Learning Objectives

- Learning to have control over movements.
- Learning to focus and concentrate.
- Increasing attention span.

#### ● Materials Needed

- One medium sized plastic bottle (500 ml or less)
- 2-3 small glasses (plastic or steel)
- One tray



#### ● What to do?

- Place the filled bottle and glasses on the tray.
- Show the child how to hold the bottle and pour the liquids into each of the glasses.
- If the glasses are plastic, then you must make some mark on the outside with a marker to show where they need to stop.
- It will help to have more water in the bottle after pouring into the glasses too.
- The mark will help the child to stop pouring after the level is reached and helps them exercise control over their movements.
- A variation of this activity is to get children to fill water from a vessel into some plastic bottles through a funnel. Tell them that the pouring should stop when the water touches a little below the neck of the bottle.