

## Junior Fun Activities

3 to 5 Years

# RACE ALONG

### ● Learning Objectives

- To develop gross motor movements.

### ● Materials Needed

- Two paper cut-out of circles - size of a quarter plate

### ● What to do?

- The child must stand on one paper cut out. At the word go, the child must place one circle on the floor in front of him/her and step on it, remove the one he/she was standing on and place it on the floor in front and again step on it and continue in the same way till he/she reaches the end.
- It can be made more fun and challenging if there is a race with another person like a friend, sibling or parent.
- Another variation for the race would be for the child to stand on the feet of the parent either holding their hands or hugging them tight and walking to the finish line.

