

## Hands-on Activities

2 to 3 Years

### COTTON DABBING

CHILD-LED  
ACTIVITY



#### ● Learning Objectives

- To strengthen little fingers and hands.
- To explore different textures.
- To enhance hand-eye coordination.

#### ● Materials Needed

- Cotton
- Child-safe paints/natural paints
- Caterpillar template (Page 2)
- A tray

#### ● What to do?

- Provide the caterpillar template to the child along with cotton and child-safe/natural paints.
- Pour some paint on the tray and allow the child to dip the cotton in the tray and dab the paint in each of the circles of the caterpillar.

#### PLAYING TIP :

Dear parents, let the child do the activity on their own.

Let's make our caterpillar colorful!

