



# Activities for the week

Pre – K  
Week 5



## 'T' activity with the Family

### **Materials Needed :**

- A sand tray/ semolina, /salt /rice or any other child friendly material of similar texture
- 't' and 'a' objects
- Letters written on different textures (*soft paper, corrugated paper, sandpaper, smooth paper*)

### **What to do :**

- Fill the tray with *t* and *a* objects and letters written on different textures.
- Let the child explore, sort and find matching textures and name the colours.

*Examples of t objects : tomato, toast, tiger, truck, torch, tooth*

- If a child gets a toast, ask if they like toast. Is there any family member who does not like toast, Who drinks tea in the family? What colour is the tomato?

## I Can Help Too!

### **Materials Needed :**

- Plenty of love for the family and an enthusiasm to help

### **What to do :**

- Involve the child in family chores like setting the table, drying dishes, making tea and toast, putting plates away, folding napkins and towels and putting toys away
- Have meaningful conversations while doing the chores together.

Ask the child questions like

*Who cooks the food for you every day? Who buys the vegetables and groceries? Who washes the dishes and clothes? Ask them how and what chore they would like to help with?*



## Textured Tortoise Craft

### **Materials Needed :**

- Paper plate
- Green paint and paint brush
- Cut-outs of a face, limbs and the tail of a tortoise in green colour
- Different textured paper or cloth
- Glue

### **What to do :**

- Help your child to put together the tortoise
- The child can paint the body and help paste the limbs, face and tail to the body
- The child can also paste different textures on the body



## Coloured and Textured Dough

### **Materials Needed :**

- Dough made with food colours
- Vanilla essence or any suitable child friendly fragrance
- Salt/semolina or any other non-toxic, child friendly suitable material to add some texture

### **What to do :**

- Allow the child to knead two different coloured dough
- They can also knead together two different balls to see what colours they can make.
- Then they can use the dough to make different family members figures.
- Add vanilla essence or any suitable child friendly fragrance to the dough.
- The child will explore using the sense of smell and sight.
- After a day or two you may add child friendly textured material to give the dough a bit of texture