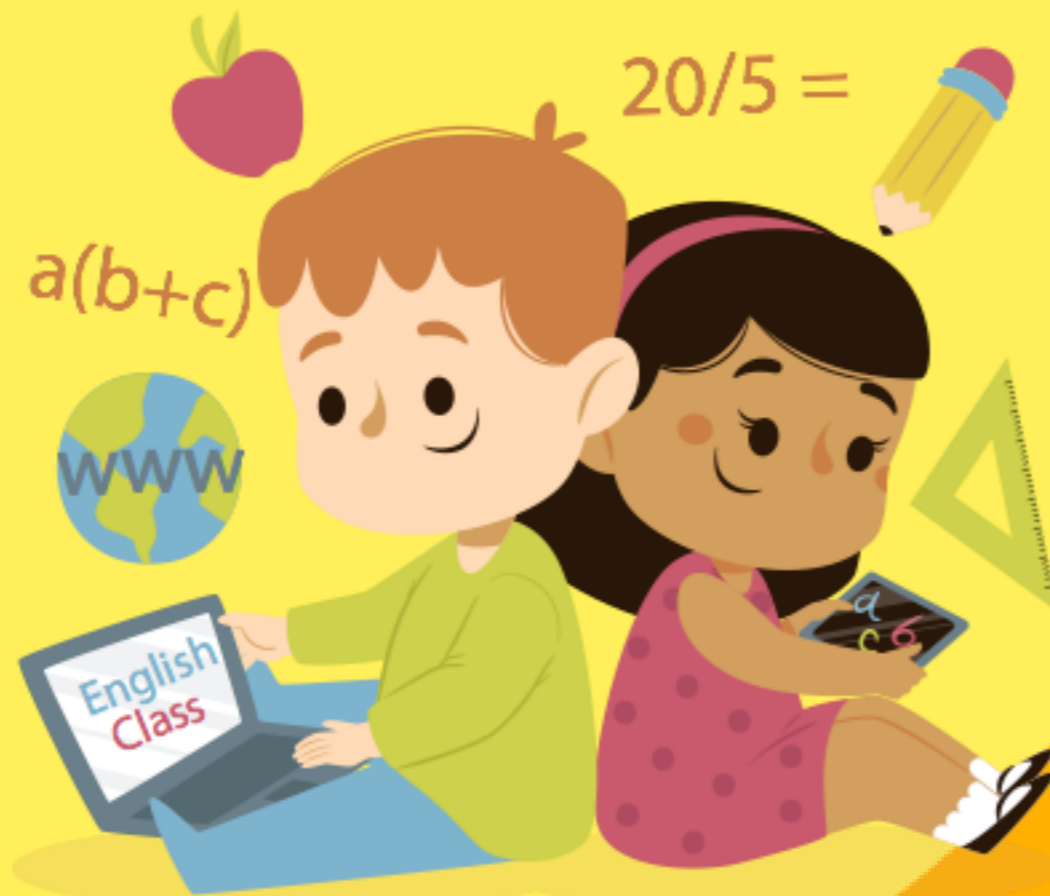


# Fun time at home

## HOME LEARNING Activities

- Hands On Activities
- Rhymes
- And More



**Parent toddler program** – A program specially designed to engage parents and toddlers with lots of fun filled activities through recorded videos and home learning activities.

## Note to Parents:

- Organize every activity in neat pouches & trays.
- Ensure easy accessibility for the child .
- Allow the child to choose.
- These activities can be repeated too.
- Encourage routines and procedures around pack-up and clean-up.



If I cannot learn the way you teach me, teach me the way I can learn.

Dear parents,

To encourage creativity and imaginative play here are some activities for you to explore along with your child.

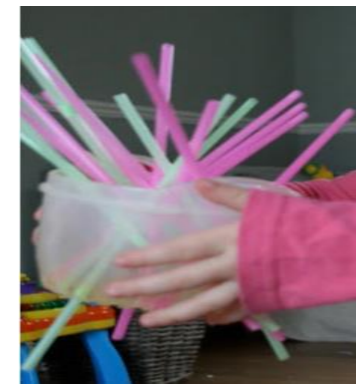
## Poke the Straws into holes!

### Materials Required:

- a container/glass with holes

### How to:

- Give a container with holes and some straws to your child.
- Ask them to poke them, piled them, stacked them etc.



## Role Play

### Materials Required-

- Bed
- Doll
- Dresses (poncho/skirts/dupattas/hats)

### How to-

- Make a corner of the room look like a bedroom by placing a bed with a doll some dresses for the children and the doll. The clothes should be big and easy to slip on.

## Kick the Ball

### Materials Required-

- Ball



### How to

- Allow the children to kick the ball as it will strengthen their leg muscles
- To increase the complexity allow the children to kick hard.

# RHYMES FOR THE WEEK

Parent  
Toddler



## Open shut them

Open shut them(2)  
Give a little clap clap clap  
Open shut them(2)  
Put them on your lap lap lap  
Creep them crawl them slowly slowly  
Right up to your chin chin chin  
Open wide your little mouth but do not put  
them in in in

## Twinkle Twinkle

Twinkle twinkle little star  
How I wonder what you are  
Up above the world so high  
Like a diamond in the sky  
Twinkle twinkle little star  
How I wonder what you are

# RHYMES FOR THE WEEK

Parent  
Toddler



## Incy wincy spider

Incy wincy spider climbed up the water  
spout

Down came the rain and washed the  
spider out

Out came the sun and dried up all the  
rain

So Incy wincy spider climbed up the  
spout again

Continue singing by replacing incy  
wincy spider with boogie woogie spider  
and then tiny winy spider.

## Old Macdonald

Old Macdonald had a farm e-i-e-i-o  
And on his farm he had a dog e-i-e-i-o  
With a woof woof here and a woof woof there  
Here a woof there a woof everywhere a woof  
woof...

Replace the animals and continue singing

Cow- moo moo

Sheep – baa baa

## How to Deal with a Fussy Eater

Toddlers by age 2 usually begin to gain their independence and getting them to finish their meal turns out to be a herculean task. This can be worrisome but fussy eating is a normal phase in your toddler's development.

Most kids under age 5 are fussy eaters. They either refuse to eat or are very selective about what they eat. It's normal for your toddler to like something today and dislike it the next or to refuse eating new foods altogether.

Remember your child's growth cycle is also affecting their appetite. This is the reason why they may be really hungry one day and picky the next.

This is all part of your child's development. It is also a way of exploring their environment and asserting their independence. But the good news is that as children get older, they are likely to get less fussy about what they eat and will be enthusiastic about trying different kinds of foods.

❖ **So how do you deal with a fussy eater? Here are some tips.**

- 1. Make mealtime a family & fun affair**
- 2. Gradually introduce your child to new food**
- 3. Involve your toddler**

***To know more please visit: <https://parent.klayschools.com/how-to-deal-with-a-fussy-eater/>***