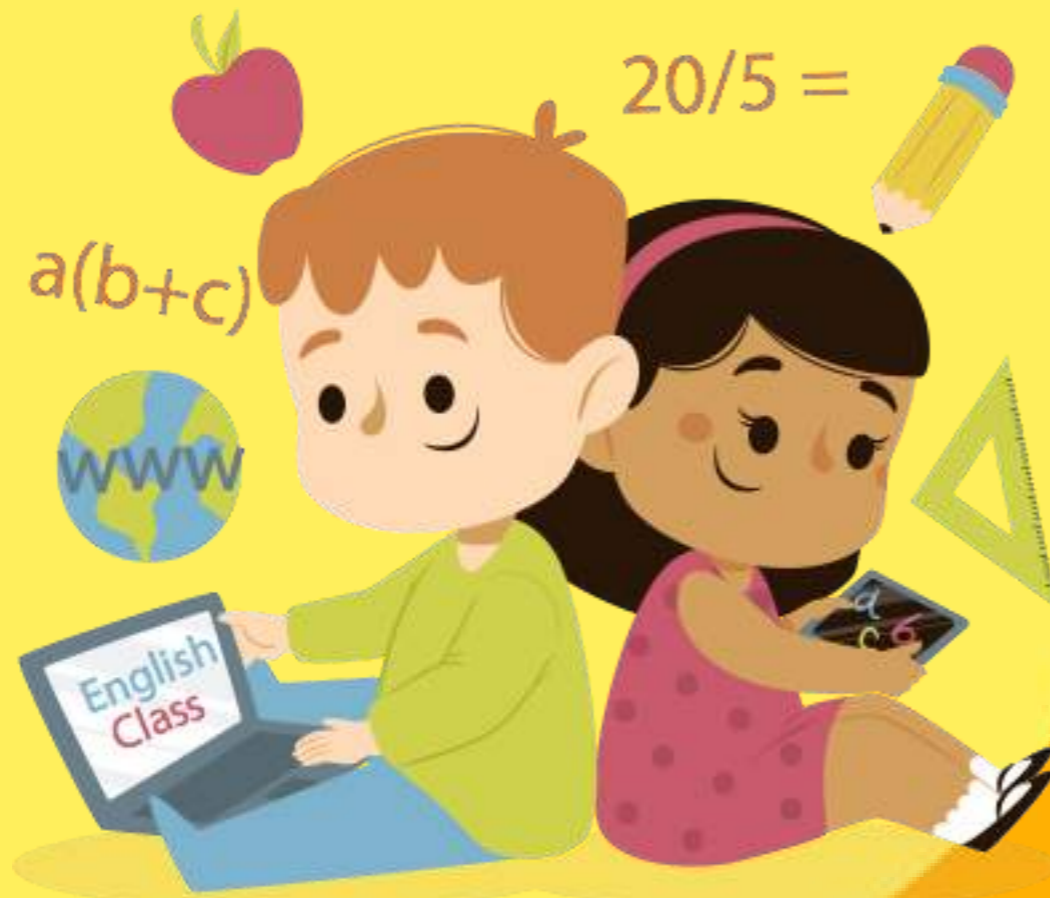


Fun time at home

HOME LEARNING Activities

- Hands On Activities
- Rhymes
- And More



Parent toddler program – A program specially designed to engage parents and toddlers with lots of fun filled activities through recorded videos and home learning activities.

Note to Parents:

- Organize every activity in neat pouches & trays.
- Ensure easy accessibility for the child to encourage independent learning.
- Allow the child to choose. These activities can be repeated too. Encourage routines and procedures around pack-up and clean-up.



If I cannot learn the way you teach me, teach me the way I can learn.

Dear parents,

To encourage creativity and imaginative play along with skill-based learning, here are some hands on activity suggestions for the week. Encourage the child to do a minimum of 2 per day.

Give Him Toys and Puppets



How to:

- Give your toddler toys or puppets and encourage him to have conversations with them.
- Children are creative and imaginative – once you show them the way, they will take over.
- You can also use puppets to have simple conversations with your child.
- Put on a puppet show to make playtime more enjoyable..

Block Play

Materials Required-

- Jumbo Blocks



How to-

- Allow the children to make any objects using the jumbo blocks.
- Encourage them to think “Out of The Box”.

Splash Painting

Materials Required-

- A4 size white sheet
- Paints
- Cotton Pad
- A toy hammer



How to-

- Pre-requisites

Parents need to put some and cover it with cotton pads.

- Allow the children use the hammer and hit on the cotton pad..
- Children will enjoy seeing the paint splash!

Pretend Play – Tea Party

Materials Required-

- Tea Set
- Fruits
- Dolls / stuff toy



How to-

- Let the children to pretend to have Tea Party with their Dolls/Stuff Toys.

Pillow Jump

Materials Required-

- Pillows



How to

- Allow your child to jump on the Pillows and balance themselves.

RHYMES FOR THE WEEK

Parent
Toddler



Open shut them

Open shut them(2)
Give a little clap clap clap
Open shut them(2)
Put them on your lap lap lap
Creep them crawl them slowly slowly
Right up to your chin chin chin
Open wide your little mouth but do not put
them in in in

Butterfly Butterfly

Butterfly butterfly flying so high
Butterfly Butterfly up in the sky
Butterfly butterfly take me so high
Up up up in the blue blue sky..

RHYMES FOR THE WEEK

Parent
Toddler



Incy Wincy Spider

Incy wincy spider climbed up the water spout
Down came the rain and washed the spider
out
Out came the sun and dried up all the rain
So Incy wincy spider climbed up the spout
again

Continue singing by replacing incy wincy
spider with boogie woogie spider and then
tiny winy spider.

Rolly polly caterpillar

Rolly polly caterpillar
Into a corner crept
Spun around himself a blanket and for a long
time slept.
Rolly polly caterpillar
Awakening by and by
Found himself with beautiful wings
Turned into a butterfly..

Ants go marching

The ants go marching one by one, hurrah, hurrah
The ants go marching one by one, hurrah, hurrah
The ants go marching one by one,
The little one stops to suck his thumb
And they all go marching down to the ground
To get out of the rain, BOOM! BOOM! BOOM!

The ants go marching two by two, hurrah, hurrah
The ants go marching two by two, hurrah, hurrah
The ants go marching two by two,
The little one stops to tie his shoe
And they all go marching down to the ground
To get out of the rain, BOOM! BOOM! BOOM!

The ants go marching three by three, hurrah, hurrah
The ants go marching three by three, hurrah, hurrah
The ants go marching three by three,
The little one stops to climb a tree
And they all go marching down to the ground
To get out of the rain, BOOM! BOOM!...



Busting Myths Around Milk

‘Child, drink your milk quickly. It will make you tall and strong.’ This was what was told to me repeatedly when I was a small child and I always believed it!

Today’s children are smarter and might flatly refuse to drink milk. Parents are at their wits end, trying to coax their little ones into drinking milk, telling him or her about the [nutritional value](#) of a glass of milk. Anyway, they don’t understand what you are talking about!

- **Milk is great, yes**

Although milk might not be the irreplaceable superfood our grandmothers believed it was, the simple fact is that it does provide essential nutrients. We all know that the calcium in milk helps to build strong bones and teeth.

- **But, forcing a child doesn’t work**

Forcing a child to drink milk is not the wise way. The notion that a child needs very high levels of calcium for healthy bones may be oversold. [Physical activity](#) is the main factor in bone growth. And traces of Vitamin D can be found also in fortified foods such as cereals and orange juice.

- **Food should be enjoyed**

Let us remember that food should be an enjoyable experience and not a battleground between parents and children. Therefore, let’s not force our children to drink milk. Isn’t it more important for a child to enjoy eating delicious and different types of food and have a well-balanced diet during meals?

To know more please visit: <https://parent.klayschools.com/milk-alternatives-myths-around-milk/>