

## Note to Parents:

- Organize every activity in neat pouches & trays.
- Ensure easy accessibility to encourage independent learning.
- Allow the child to choose the activities. These can be repeated too
- Encourage routines and procedures around pack-up and clean-up.

Dear parents,

To encourage creativity and imaginative play along with skill-based learning, here are some hands-on activity suggestions for the week

## Block Play

### Materials Required :

- Building blocks with letter sounds c, k, e, h, r, m and d written with a black marker pen
- Other building blocks without anything written on them – 9
- A tray to keep the blocks

### How to

- Provide the assorted blocks along with tray, to the child.
- Encourage the child to place only the letter sound blocks **in** and **out** of the tray.
- As they do it, encourage them to say 'in' when they put the blocks in and 'out' when they take the blocks out.



If I cannot learn the way you teach me, teach me the way I can learn.

## Role Play

### Materials Required:

- Supermarket setup with a choice of healthy food and junk food like juice, milk, fruits, etc.
- A toy car/small chair in which the child can sit
- A belt/ tie to be used as a seat belt
- Child's stuff / soft toy



### How to

- Set up a supermarket, which has healthy food and junk food.
- Encourage the child to follow the safety rules at the supermarket.
- Place a toy car and encourage the child to buckle up their furry soft toy in the car and take him/her to the supermarket.

## Gross Motor Fun

### Materials Required:

- 3 Rectangles (joined together) drawn on the floor with paint/ tape/ chalk with **first**, **second** and **third** written on them

### How to

- Let the child identify what is written inside the rectangles
- Encourage the child to hop from the first rectangle to the second rectangle.
- Now, let the child hop from the second to the third rectangle.
- Encourage the child to hop into the second rectangle again and jump 5 times, inside the rectangle.
- Now the child to hop into the first rectangle and touch their head 3 times, counting 1,2,3.
- This activity may be repeated as many times, as the child likes.

## Family Fun

### Materials Required :

- A table with 3 or 4 racing tracks, marked with chalk/ tape/ blocks
- Starting point and ending point to be marked
- Family members required as this is a family activity

### How to

- Build a race track on a table with chalk/ tape/ blocks.
- The parents and child must have a race with their fingers(pointer and tall finger)
- First have a practice race with the child. Let the child identify the start and end points.
- On signal, all three participants must run their fingers on the table and race to the finish line.
- Encourage the child to build a podium for first, second and third place.
- Declare the winner of the race and the subsequent second and third place winners.

