ADAMAS UNIVERSITY

SCHOOL OF HEALTH AND MEDICAL SCIENCES

DEPARTMENT OF PSYCHOLOGY

Programme: M.A./M.Sc. in Psychology

Course Structure

2026- 2028

School of Health and Medical Sciences

Post Graduate Programme Structure

Batch 2026-2028

M.A in Psychology (PSY4203)

M.Sc in Psychology (PSY4208)

	1st Year								
	SEMESTER I								
S.No	**Type of Course**	**Code**	**Title of the Course**	**Contact Hours Per Week**				**Remarks**	**Total Credits**
				L	T	P	C		
1	CC	PSY452	Advanced Cognitive Psychology	3	1	0	4		
2	CC	PSY453	Current Directions in Personality Psychology	3	1	0	4		
3	CC	PSY454	Advanced Social Psychology	3	1	0	4		
4	CC	PSY455	Research Methodology in Psychology	3	1	0	4		
5	DSE	PSY456	Introduction to Organizational Behaviour	3	0	1	4	Any one	

	DSE	PSY458	Clinical Psychology	3	0	1	4		
	MDE	To be offered by other department		3	1	0	4		
6	SEC	PSY459	Mental Health and Artificial Intelligence	2	0	0	2		
7	SEC	CLL551	Advanced Soft Skills and Aptitude - I	0	0	1	1		
8	AEC	AEC408	French I	2	0	0	2	Any One	
	AEC	AEC409	German I	2	0	0	2		
	AEC	AEC410	Spanish I	2	0	0	2		
Semester Credits							25		

	SEMESTER II								
1	CC	PSY501	Advanced Statistics and Data Analysis	3	1	0	4		
2	CC	PSY502	Qualitative Methods in Psychology	3	1	0	4		
3	CC	PSY503	Advanced Developmental Psychology	3	1	0	4		
4	DSE	PSY504	Human Resource Management	3	0	1	4	Any One	

	DSE	PSY505	Psychopathology	3	0	1	4		
5	MDE	To be offered by other department		3	1	0	4		
6	SEC	PSY460	Community Psychology and Social Engagement	1	0	1	2		
7	SEC	CLL552	Advanced Soft Skills and Aptitude - II	0	0	1	1		
8	AEC	AEC503	French II	2	0	0	2		
	AEC	AEC504	German II	2	0	0	2		
	AEC	AEC505	Spanish II	2	0	0	2		
Semester Credits							25		
Exit option with Post-Graduate Diploma after the first year or two semesters with the completion of courses equivalent to 50 credits									

PG Curricular Structure with only Coursework

2nd Year									
SEMESTER III									
Sr. No	Type of Course	Code	Title of the Course	Contact Hours Per Week				Remarks	
				L	T	P	C		
1	CC	PSY507	Advanced Health Psychology	3	1	0	4		

2	CC	PSY508	Advanced Guidance and Counselling	3	1	0	4		
3	CC	PSY509	Psychometry and Survey Design	3	0	1	4		
	DSE	PSY510	Organizational Environment and Culture	3	0	1	4		
4	DSE	PSY511	Psychotherapeutic Approaches	3	0	1	4		
5	MDE		To be offered by other department	3	1	0	4		
6	INT	PSY513	Internship	0	0	2	2		
7	SEC	CLL552	Advanced Soft Skills and Aptitude - III	0	0	1	1		
Semester Credits							23		

SEMESTER IV

1	CC	PSY517	Applications of Positive Psychology	3	1	0	4		
2	DSE	PSY518	Neuropsychology	3	0	1	4		
	DSE	PSY519	Consumer Psychology	3	0	1	4		

3	DSE	PSY520	Organization Change and Development	3	0	1	4		
	DSE	PSY521	Advanced Disability and Rehabilitation	3	0	1	4		
4	ENT	PSY522	Psychology and Entrepreneurship	2	0	0	2		
5	Project	PSY523	Academic Project	0	4	4	8		
							22		
Total Credits							44		

2nd Year of PG curricular structure for 2-year PG Programmes

One-year PG Programme after completion of Four-Year UG Programme (4+1)

PG Curricular Structure <u>with Coursework and Research</u>

2nd Year									
SEMESTER III									
Sr. No	Type of Course	Code	Title of the Course	Contact Hours Per Week				Remarks	Total Credits
				L	T	P	C		
1	CC	PSY507	Basics of Health Psychology	3	1	0	4		
2	CC	PSY509	Psychometry and Survey Design	3	0	1	4		
3	DSE	PSY510	Organizational Environment and Culture	3	0	1	4	Any One	

	DSE	PSY511	Psychotherapeutic Approaches	3	0	1	4		
	MDE	To be offered from other department		3	1	0	4		
4	CC	PSY514	Tools and Techniques for Research Writing in Psychology	2	0	0	2		
5	INT	PSY513	Internship	0	0	2	2		
6	SEC	CLL552	Advanced Soft Skills and Aptitude-III	0	0	1	1		
7	PROJECT/RESEARCH	PSY515	Dissertation Part I	0	3	3	6		
Semester Credits							23		
SEMESTER IV									
1	CC	PSY517	Applications of Positive Psychology	3	1	0	4		
2	DSE	PSY519	Consumer Psychology	3	0	1	4	Any One	

	DSE	PSY518	Neuropsychology	3	0	1	4		
3	ENT	PSY522	Psychology and Entrepreneurship	2	0	0	2		
4	Project	PSY524	Dissertation Part II	0	6	6	12		
Semester Credits							22		

PG Curricular Structure with only Research

2nd Year								
SEMESTER III								
S.No	Type of Course	Code	Title of the Course	Contact Hours Per Week				Remarks
				L	T	P	C	
1	CC	PSY509	Psychometry and Survey Design	3	0	1	4	
2	DSE	PSY510	Organizational Environment and Culture	3	0	1	4	
	DSE	PSY511	Psychotherapeutic Approaches	3	0	1	4	
	MDE	To be offered by other depts		3	1	0	4	

3	CC	PSY514	Tools and techniques for research writing in Psychology	2	0	0	2	
4	SEC	CLL502	Advanced Soft Skills and Aptitude III	0	0	1	1	
5	Project	PSY516	Dissertation Part-I	0	6	6	12	
Semester Credits							23	
SEMESTER IV								
1	ENT	PSY522	Psychology and Entrepreneurship	2	0	0	2	Any One
2	Project	PSY525	Dissertation Part-II	0	10	10	20	
Semester Credits							22	
Total Year Credits							45	

Multi-Disciplinary Elective Offered by Psychology for Other Departments

Semester	Type of Course	Code	Title of the Course	Contact hours			
				L	T	P	C
1	MDE	PSY451	Political Psychology	3	1	0	4
2	MDE	PSY506	Applied Forensic Psychology	3	1	0	4
3	MDE	PSY514	Peace and Cultural Psychology	3	1	0	4