ADAMAS UNIVERSITY

SCHOOL OF HEALTH AND MEDICAL SCIENCES

DEPARTMENT OF PSYCHOLOGY

B.A. (Hons.) in Psychology

B.Sc. (Hons.) in Psychology

Course Structure

Implementation- Academic Year 2026

ACADEMIC 2026- 2030

SCHOOL OF HEALTH AND MEDICAL SCIENCES								
UNDERGRAGUATE COURSE STRUCTURE								
B.A./B. Sc (Hons) PSYCHOLOGY								
BATCH 2026-2030								
SEMESTER I								
S. No	**Type of Course**	**Code**	**Title of the Course**	**Contact Hours Per Week**				**Remarks**
				L	**T**	**P**	**C**	
1	CC	PSY101	Introduction To Psychology	3	0	1	4	CC-1
2	CC	PSY102	Personality and Individual Differences	3	0	1	4	CC-2
3	MDC	Students select from a pool of subjects offered by other Departments.		2	0	1	3	
4	AEC	AEC101	Communicative English I	1	1	0	2	
5	CLL- AEC	Foreign Language I (Student chooses from French/Spanish/German)		1	1	0	2	
		AEC107	French I					
		AEC108	German I					
		AEC109	Spanish I					
6	Minor	Students select from a pool of subjects offered by other Departments.		3	1	0	4	
7	VAC	VAC105	Community Engagement and Social Responsibility	1	0	1	2	
8	SEC	GEN101	AI For Everyone	2	0	0	2	
9		CLL151	Soft Skills & Aptitude I	1	0	0	1	
Semester Credits							23	
SEMESTER II								
1	CC	PSY103	Bio-Psychology	3	1	0	4	CC-3
2	CC	PSY104	Developmental Psychology	3	1	0	4	CC-4
3	MDC	Students select from a pool of subjects offered by other Departments.		3	0	0	3	
4	SEC	Students select from a pool of subjects offered by other Departments. Has the		2	0	0	2	

		option to opt from Parent Department as well.						
5	CLL152	Soft Skills & Aptitude II		1	0	0	1	
6	VAC	VAC101	Environmental Education-I	2	0	0	2	
7	AEC	AEC102	Communicative English II	1	1	0	2	
8	CLL- AEC	Foreign Language II (Student chooses from French/Spanish/German)		1	1	0	2	
		AEC110	French II					
		AEC111	German II					
		AEC112	Spanish II					
9	Minor	Students select from a pool of subjects offered by other Departments.		3	1	0	4	
Semester Credits							24	
SEMESTER III								
1	CC	PSY201	Basic Statistical Methods	3	1	0	4	CC-5
2	CC	PSY202	Basic Research Methodology	3	1	0	4	CC-6
3	MDC	Students select from a pool of subjects offered by other Departments.		3	0	0	3	
4	Minor	Students select from a pool of subjects offered by other Departments.		3	0	1	4	
5	CLL251	Soft Skills & Aptitude III		1	0	0	1	
6	SEC	Students select from a pool of subjects offered by other Departments. Has the option to opt from Parent Department as well.		2	0	0	2	
7	VAC	VAC102	Human Values and Professional Ethics	2	0	0	2	
Semester Credits							20	
SEMESTER IV								
1	CC	PSY203	Social Psychology	3	0	1	4	CC-7
2	CC	PSY204	Paradigms of Psychology and Indian Thought	3	1	0	4	CC-8
3	CC	PSY205	Clinical Psychology	3	0	1	4	CC-9

4	SEC	Students select from a pool of subjects offered by other Departments. Has the option to opt from Parent Department as well.		2	0	0	2	
5	CLL252	Soft Skills & Aptitude IV		1	0	0	1	
6	Minor	Students select from a pool of subjects offered by other Departments.		3	1	0	4	
7	VAC	VAC104	Yoga and Wellness	0	0	2	2	
Semester Credits							21	
SEMESTER V								
1	CC	PSY301	Health Psychology	3	1	0	4	CC-10
2	CC	PSY302	Advanced Statistical Methods	3	1	0	4	CC-11
3	CC	PSY303	Industrial and Organizational Psychology	3	0	1	4	CC-12
4	Minor	Students select from a pool of subjects offered by other Departments.		3	0	1	4	
5	SEC	Students select from a pool of subjects offered by other Departments. Has the option to opt from Parent Department as well.		2	0	0	2	
6	CLL351	Soft Skills & Aptitude V		1	0	0	1	
7	INT	PSY304	Internship	0	0	8	4	
Semester Credits							23	
SEMESTER VI								
1	CC	PSY305	Introduction to Guidance and Counselling	3	0	1	4	CC-13
2	CC	PSY306	Clinico-forensic psychology	3	1	0	4	CC-14
3	CC	PSY307	Cognitive Psychology	3	1	0	4	CC-15

4	Minor	Students select from a pool of subjects offered by other Departments.		3	0	1	4	
5	SEC	Students select from a pool of subjects offered by other Departments. Has the option to opt from Parent Department as well.		2	0	0	2	
6	Project	PSY308	Psychological Project Work	0	0	8	4	
7	CLL451	Soft Skills & Aptitude VI		1	0	0	1	
Semester Credits							23	
Total Credits of the Program after 3rd Year								
SEMESTER VII								
1	CC	PSY401	Basics of psychotherapy	3	1	0	4	CC-16
2	CC	PSY402	Advanced Research Methodology	3	1	0	4	CC-17
3	CC	PSY403	Psychological Assessment-I	2	0	2	4	CC-18
4	CC (For With research)	PSY404	Research design and statistics (Discussions on Dissertation/Topic Selection Begins)	3	1	0	4	CC-19 (Research)
5	CC (For Without research)	PSY405	Indigenous and Cultural Concepts of Health and Wellbeing	3	1	0	4	CC-19(without Research)
6	Minor	Students select from a pool of subjects offered by other Departments.		3	1	0	4	
Total Semester Credit							21	
Semester VIII								
1	CC (For Without research only)	PSY406	Gender Psychology and Inter-sectionality	3	1	0	4	CC-20
2	CC (For both with and Without research)	PSY407	Psychological Assessment – II	0	0	8	4	CC-21

3	CC (For Without Research only)	PSY408	Positive Psychology	3	1	0	4	CC-22(without Research)
4	Minor (For both with and Without research)	Students select from a pool of subjects offered by other Departments.		3	1	0	4	
5	Minor (For without research)	Students select from a pool of subjects offered by other Departments.		3	1	0	4	
6	Dissertation (For with research only)	PSY409	Project/Dissertation	0	6	6	12	
Total Semester Credit							20	
Total Credits of the Program after 4th Year							**175**	