



**ADAMAS UNIVERSITY**  
**SCHOOL OF HEALTH AND MEDICAL**  
**SCIENCES**

**DEPARTMENT OF PSYCHOLOGY**

**Programme: M.A/M.Sc in Psychology**

**Course Structure**

**2025- 2027**

## **VISION OF THE UNIVERSITY**

To be an internationally recognized university through excellence in inter-disciplinary education, research and innovation, preparing socially responsible, well- grounded individuals contributing to nation building.

## **MISSION OF THE UNIVERSITY**

MS 01: Improve employability through futuristic curriculum and progressive pedagogy with cutting edge technology.

MS 02: Foster outcomes based education system for continuous improvement in education, research and all allied activities.

MS 03: Instil the notion of lifelong learning through culture of research and innovation.

MS 04: Collaborate with industries, research centres and professional bodies to stay relevant and up-to-date.

MS 05: Inculcate ethical principles and develop understanding of environmental and social realities.

## **VISION OF THE SCHOOL**

To be recognized globally as a provider of best quality education in the fields of Pharmacy, Food and Nutrition, Optometry, Psychological sciences and Mental Health while providing firm footings for fundamental and interdisciplinary research

## **MISSION OF THE SCHOOL**

MS 01: To develop solutions for the challenges in human life through value-based scientific education.

MS 02: To conduct research leading to innovation in sciences.

MS 03: To nurture students into scientifically competent professionals in the usage of modern tools.

MS 04: To foster in students, a spirit of inquiry and collaboration to make them ready for career in teaching, research and corporate world

## DEPARTMENT OF PSYCHOLOGY

**Name of the Program: MA/MSc in Psychology**

### **Program Educational Objectives (PEO)**

**PEO 01: Knowledge in Psychology-** Post-graduates will develop a solid understanding of core and advanced psychological principles, theories, and methods across various subfields, enabling them to analyse human behaviour scientifically and apply this knowledge in diverse contexts.

**PEO 02: Practical Skills and Applications-** Post-Graduates will acquire essential practical skills, including psychological assessment, research methodologies, and data interpretation, preparing them for professional practice, further education, or interdisciplinary collaboration.

**PEO 03: Ethical and Inclusive Practice-** Post-Graduates will cultivate ethical awareness and sensitivity toward diversity, equipping them to address psychological challenges responsibly and inclusively in multicultural and global contexts while also keeping the indigenous realities in mind.

**PEO 04: Lifelong Learning and Personal Growth-** Graduates will demonstrate a commitment to lifelong learning, critical thinking, and self reflection, empowering them to adapt to evolving societal needs and contribute to the well-being of individuals and communities.

**PEO 05: To Develop a Culture of Research, Innovation and Industry Application** such that post-graduates are empowered to develop and become the workforce of tomorrow

**PROGRAM OUTCOMES- M.A./M.Sc. PSYCHOLOGY**

PO1: Knowledge and Application of Psychological Principles: Demonstrate in-depth knowledge and understanding of Psychological theories and principles and able to integrate and apply the knowledge in more constructive ways

PO2: Problem Analysis and Critical Thinking: Demonstrate ability to conceptualize research problems and use the information to solve applied problems using modern psychological tools and methods

PO3: Community Based Implementation of psychological Principles: Apply the principles and techniques of psychosocial theories in community-based programs for the welfare of the community at large.

PO4: Ethics in psychology: Understand and follow the ethical considerations in dealing with clients and community at large.

PO5: Cultural Sensitivity and Appreciation of Indian Knowledge System: Knowledge of Indian Knowledge Systems and culturally applicable psychological principles to understand and aid the various Indian communities.

PO6: Application of Psychological principles consistent with Sustainable Development Goals

PO7: Leadership and Team work: Developing into leaders and honing their soft-skills that can be applicable in the workspace and aid in their learning

PO8: Life-long learning: Demonstrates a curiosity to continue life-long learning of the theories, modern approaches and application of psychological principles and techniques.



**School of Health and Medical Sciences**

**Post Graduate Programme Structure**

**M.A in Psychology (PSY4203)**

**M.Sc in Psychology (PSY4208)**

1<sup>st</sup> Year

SEMESTER I

S.No	Type of Course	Code	Title of the Course	Contact Hours Per Week				Remarks	Total Credits
				L	T	P	C		
1	CC	PSY452	Advanced Cognitive Psychology	3	1	0	4		
2	CC	PSY453	Psychology of Emotions and Motivation	3	1	0	4		
3	CC	PSY454	Psychopathology I	3	1	0	4		
4	CC/RM	PSY455	Research Methodology in Psychology	3	1	0	4		
5	DSE	PSY456	Introduction to Organizational Behaviour	3	0	1	4	Any one	
	DSE	PSY457	Advanced Social Psychology	3	0	1	4		
	DSE	PSY458	Introduction to Community Mental Health	3	0	1	4		

	MDE	PSY451	Political Psychology	3	1	0	4		
6	SEC	PSY459	Mental Health and Artificial Intelligence	2	0	0	2		
7	SEC	CLL406	Advanced Soft Skills and Aptitude I	1	0	0	1		
8	AEC	AEC408	French I	2	0	0	2	Any One	
	AEC	AEC409	German I	2	0	0	2		
	AEC	AEC410	Spanish I	2	0	0	2		
Semester Credits							25		

SEMESTER II									
1	CC	PSY501	Advanced Statistics and Data Analysis	3	1	0	4		
2	CC	PSY502	Qualitative Methods in Psychology	3	1	0	4		
3	CC	PSY503	Advanced Human Development	3	1	0	4		
4	DSE	PSY504	Human Resource Management	3	0	1	4	Any One	
	DSE	PSY505	Social Cognition and Affect	3	0	1	4		
	DSE	PSY506	Psychopathology II	3	0	1	4		
5	MDE	PSY507	Applied Forensic Psychology	3	1	0	4		
6	SEC	PSY460	Persuasion Skills	2	0	0	2		

7	SEC	CLL407	Advanced Soft Skills and Aptitude II	1	0	0	1		
8	AEC	AEC503	French II	2	0	0	2		
	AEC	AEC504	German II	2	0	0	2		
	AEC	AEC505	Spanish II	2	0	0	2		
Semester Credits							25		
Exit option with Post-Graduate Diploma after the first year or two semesters with the completion of courses equivalent to 50 credits									

**2<sup>nd</sup> Year of PG curricular structure for 2-year PG Programmes**  
**PG Curricular Structure with Coursework**

**PG Curricular Structure with only Coursework**

2 <sup>nd</sup> Year									
SEMESTER III									
Sr. No	Type of Course	Code	Title of the Course	Contact Hours				Remarks	
				L	T	P	C		
1	CC	PSY508	Basics of Health Psychology	3	1	0	4		
2	CC	PSY509	Advanced Guidance and Counselling	3	1	0	4		
3	CC	PSY510	Psychometry and Survey Design	3	0	1	4		
4	DSE	PSY512	Applied Social Psychology and Social Change	3	0	1	4	Any One	
	DSE	PSY511	Industrial Environmental Psychology	3	0	1	4		

	DSE	PSY513	Psychotherapeutic Approaches	3	0	1	4		
5	MDE	PSY514	Cross-cultural Psychology	3	1	0	4		
6	INT	PSY516	Internship	0	0	2	2		
7	SEC	CLL502	Advanced Soft Skills and Aptitude III	1	0	0	1		
Semester Credits							23		

SEMESTER IV									
1	CC	PSY519	Applications of Positive Psychology	3	1	0	4		
2	DSE	PSY521	Intergroup Relations and Peace Psychology	3	0	1	4	Any One	
	DSE	PSY522	Advanced Disability and Rehabilitation	3	0	1	4		
	DSE	PSY520	Consumer Psychology	3	0	1	4		
3	DSE	PSY523	Organization Change and Development	3	0	1	4		
	DSE	PSY524	Psychology of Power,	3	0	1	4		

			Oppression and Privilege						
	DSE	PSY525	Neuropsychology	3	0	1	4		
4	ENT	PSY526	Psychology and Entrepreneurship	2	0	0	2		
5	Project	PSY527	Academic Project	0	4	4	8		
							22		
Total Credits								44	

**2<sup>nd</sup> Year of PG curricular structure for 2-year PG Programmes**  
**One-year PG Programme after completion of Four-Year UG Programme (4+1)**  
**PG Curricular Structure with Coursework and Research**

2 <sup>nd</sup> Year									
SEMESTER III									
Sr. No	Type of Course	Code	Title of the Course	Contact Hours Per Week				Remarks	Total Credits
				L	T	P	C		
1	CC	PSY508	Basics of Health Psychology	3	1	0	4		
2	CC	PSY510	Psychometry and Survey Design	3	0	1	4		
3	DSE	PSY511	Industrial Environmental Psychology	3	0	1	4	Any One	
	DSE	PSY512	Applied Social Psychology and Social Change	3	0	1	4		

	DSE	PSY513	Psychotherapeutic Approaches	3	0	1	4		
	MDE	PSY514	Cross-cultural Psychology	3	1	0	4		
4	CC	PSY515	Tools and Techniques for Research Writing in Psychology	2	0	0	2		
5	INT	PSY516	Internship	0	0	2	2		
6	SEC	CLL502	Advanced Soft Skills and Aptitude III	1	0	0	1		
7	PROJECT/ RESEARC H	PSY517	Dissertation Part I	0	3	3	6		
Semester Credits							23		
SEMESTER IV									
1	CC	PSY519	Applications of Positive Psychology	3	1	0	4		
2	DSE	PSY520	Consumer Psychology	3	0	1	4	Any One	
	DSE	PSY521	Intergroup Relations and Peace Psychology	3	0	1	4		
	DSE	PSY522	Advanced Disability and Rehabilitation	3	0	1	4		
3	ENT	PSY526	Psychology and Entrepreneurship	2	0	0	2		

4	Project	PSY528	Dissertation Part II	0	6	6	12		
Semester Credits							22		

### PG Curricular Structure with only Research

2 <sup>nd</sup> Year									
SEMESTER III									
S.No	Type of Course	Code	Title of the Course	Contact Hours Per Week				Remarks	
				L	T	P	C		
1	CC	PSY510	Psychometry and Survey Design	3	0	1	4		
2	DSE	PSY512	Applied Social Psychology and Social Change	3	0	1	4	Any One	
	DSE	PSY511	Industrial Environmental Psychology	3	0	1	4		
	DSE	PSY513	Psychotherapeutic Approaches	3	0	1	4		
	MDE	PSY514	Cross-cultural Psychology	3	1	0	4		
3	CC	PSY515	Tools and techniques for research writing in Psychology	2	0	0	2		
4	SEC	CLL502	Advanced Soft Skills and Aptitude III	1	0	0	1		
5	Project	PSY518	Dissertation Part-I	0	6	6	12		
Semester Credits							23		
SEMESTER IV									

1	ENT	PSY526	Psychology and Entrepreneurship	2	0	0	2	Any One
2	Project	PSY529	Dissertation Part-II	0	10	10	20	
Semester Credits							22	
Total Year Credits							45	