

Inauguration Meeting Report

Rekhi Centre of Excellence for the Science of Happiness

Adamas University, Kolkata

Date: 28th November 2025 | Venue: Rabindranath Tagore Auditorium (AU1) | Hybrid

Zoom Link:

<https://adamasuniversity-ac-in.zoom.us/j/99871242392?pwd=8EaiZhZxlAebn7sFKpyW3GzUhWwona.1>

Meeting ID: 998 7124 2392 | Passcode: 549519

Visit Facebook Live: <https://www.facebook.com/share/v/17bknZwLtL/>

Social Media Announcement:

<https://www.facebook.com/share/p/16rMWMNTBS/?mibextid=wwXlfr>

Introduction

The **Rekhi Center of Excellence for the Science of Happiness** at Adamas University was formally inaugurated on **28th November 2025** in a grand ceremony attended by dignitaries, invited guests, faculty members, research scholars, students, and international participants. The event drew an overwhelming response with **more than 160 participants**, marking a significant milestone in the University's commitment to well-being, human flourishing, and interdisciplinary research on happiness.

Dignitaries and Special Guests

The inauguration was graced by the esteemed presence of:

- **Prof. Suranjan Das**, Hon'ble Vice Chancellor, Adamas University
- **Prof. Radha Tamal Goswami**, Hon'ble Pro Vice Chancellor
- **Prof. (Dr.) Moumita Mukherjee**, Dean (R&D) & Director, Rekhi Center
- **Prof. Manas Kumar Mandal**, Distinguished Professor, IIT Kharagpur
- **Swami Suparnananda Maharaj**, Honorary Secretary, Ramakrishna Mission Institute of Culture
- **Prof. (Dr.) Rekhi Singh**, Founder, Rekhi Foundation (USA) – virtual pre-recorded address
- **Prof. Luis Gallardo**, Founder & President, World Happiness Foundation – live virtual address
- **Prof. Gautam Sutradhar**, Director, NIT Jamshedpur – Special Invitee

Their presence and messages contributed significantly to the success and intellectual vibrancy of the programme.

Inaugural Ceremony Highlights

The programme commenced at **12:00 noon** with a warm welcome by the hosts, **Dr. Anu Rai** and **Dr. Parama Kundu**.

Lamp Lighting & Inaugural Song

The ceremony began with the auspicious lighting of the lamp by the distinguished dignitaries, followed by a soulful inaugural song presented by **Dr. Sanmitra Ghosh** and **faculty members of the School of Life Science & Biotechnology**.

Felicitation of Dignitaries

Dignitaries were felicitated by the Vice Chancellor, Pro VC, and Director of the Centre.

Inaugural Address and Welcome Address

Prof. Suranjan Das, Vice Chancellor, highlighted the importance of interdisciplinary engagement and the Centre's potential contribution to global happiness studies.

Address by Pro Vice Chancellor

Prof. Radha Tamal Goswami shared his insights on integrating well-being and academic excellence within institutional culture.

About the Centre

Prof. (Dr.) Moumita Mukherjee presented a detailed account of the Centre's vision, objectives, academic activities, collaborative prospects, and future roadmap.

Special Messages and Virtual Addresses

Message from Rekhi Foundation (USA)

Prof. (Dr.) Rekhi Singh, Founder of the Rekhi Foundation, shared an uplifting recorded message emphasizing compassion, mindfulness, and global collaboration in cultivating happiness.

Address by Prof. Luis Gallardo

Mr. Luis Gallardo, World Happiness Foundation, addressed the audience live on Zoom, highlighting the global movement for happiness and encouraging Adamas University to lead transformative initiatives.

Plaque Unveiling & Virtual Tour

The inauguration plaque was formally unveiled by the Chancellor and distinguished guests, followed by a brief **visual presentation showcasing the newly established Centre**, specially curated for international attendees.

Academic Lectures (3:00 PM – 5:00 PM)

Two thought-provoking academic lectures enriched the afternoon session:

Lecture 1: "Uncovering the Inner Source of Happiness"

Swami Suparnananda Maharaj delivered a spiritually resonant session, guiding the audience toward introspection, inner well-being, and the deeper meaning of happiness in human life.

Both lectures received enthusiastic appreciation from participants.

Lecture 2: “Decoding Science of Happiness”

Delivered by **Prof. Manas Kumar Mandal**, the session explored scientific foundations of happiness, cognitive mechanisms, and empirical insights, offering deep academic value to participants.

Announcement of SEC Courses

Dr. Moumita Mukherjee, HoD Psychology, announced the upcoming **SEC Courses on Science of Happiness I & II**, aimed at integrating happiness education into university curricula.

Valedictory & Final Vote of Thanks

A heartfelt final Vote of Thanks was delivered by **Dr. Anu Rai**, Member Secretary of the Centre, acknowledging the contribution of all dignitaries, speakers, support teams, the Office of Research & Development, infrastructure and transport teams, student volunteers, the Rekhi Foundation (USA), and all participants.

Executive Committee Meeting (5:30 PM – 6:15 PM)

The day concluded with the **1st Executive Committee Meeting**, chaired by Prof. Moumita Mukherjee, where strategic plans and priorities for the Centre were discussed.

Conclusion

The inauguration of the Rekhi Center of Excellence for the Science of Happiness was a resounding success.

The presence of eminent scholars, global leaders, spiritual thinkers, and academic administrators enriched the event, setting a strong foundation for the Centre’s future activities.

With over **160 participants**, two powerful academic lectures, and global messages of hope and happiness, the event marked a transformative beginning for Adamas University’s journey toward promoting well-being, research, and knowledge-driven happiness.

Enclosure:

- I. Invitation Card
- II. Some Snapshots of the Event
- III. Program Schedule
- IV. Attendance Sheet from Registration Desk

Science *Meets* Serenity

Inaugural Ceremony of the Rekhi Centre of Excellence for the Science of Happiness

Honoured Dignitaries



Prof. (Dr.) Samit Ray
Chancellor, Adamas University



Prof. Suranjan Das
Vice-Chancellor, Adamas University



Prof. (Dr.) Rekhi Singh
Founder, Rekhi Foundation

Special Addresses



Prof. Manas Kumar Mandal
Distinguished Professor, IIT Kharagpur
& Member, Rekhi Foundation for Happiness, USA



Prof. Luis Gallardo
Founder & President,
World Happiness Foundation



Swami Suparnananda Maharaj
Ramakrishna Mission
Institute of Culture, Kolkata

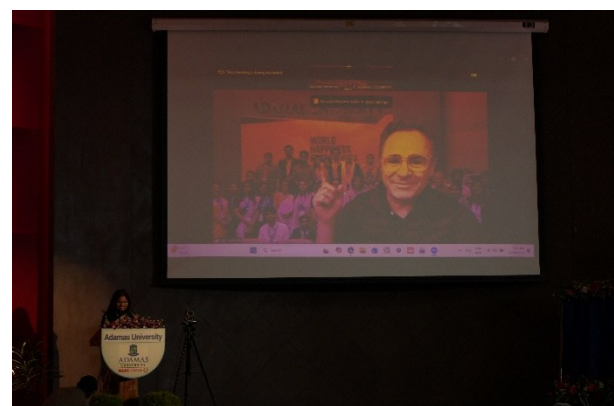
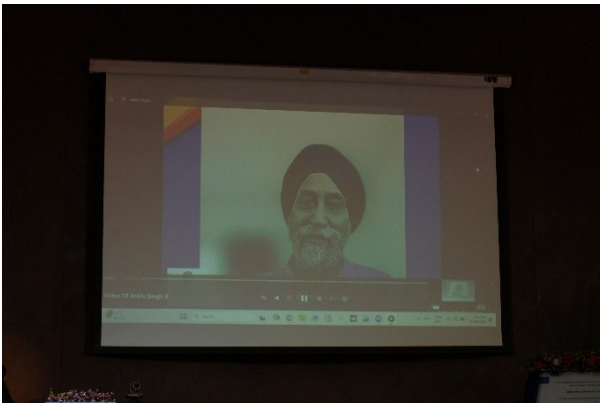
28th November, 2025 (Friday) | 1:30 PM – 5:30 PM

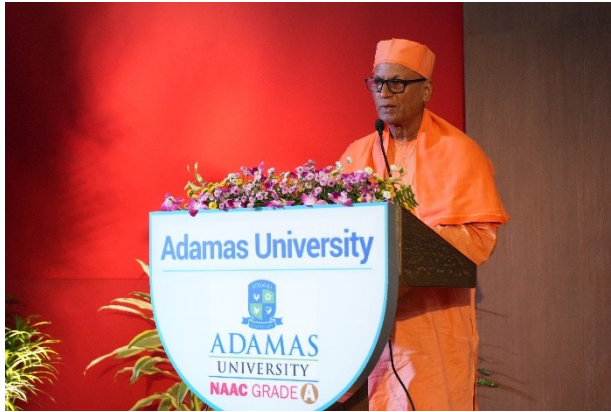
Rabindranath Tagore Auditorium, Adamas University, Barasat, Kolkata

Hosted by

Rekhi Centre of Excellence for the Science of Happiness
Adamas University, Kolkata

Some Snapshots of Event:



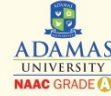




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Science *Meets* Serenity

Adamas University, Kolkata, warmly invites you to the
**Inaugural Ceremony of the
Rekhi Centre of Excellence for the Science of Happiness**
It's a visionary initiative dedicated to advancing research, learning and
practice in happiness, wellbeing and human flourishing.

28th November, 2025 (Friday) | 1:30 PM – 5:30 PM
Rabindranath Tagore Auditorium, Adamas University, Barasat, Kolkata

Honoured Dignitaries



Prof. (Dr.) Samit Ray
Chancellor, Adamas University



Prof. Suranjan Das
Vice-Chancellor, Adamas University



Prof. (Dr.) Rekhi Singh
Founder, Rekhi Foundation

Special Addresses



Prof. Manas Kumar Mandal
Distinguished Professor, IIT Kharagpur
& Member, Rekhi Foundation for Happiness, USA



Prof. Luis Gallardo
Founder & President,
World Happiness Foundation



Swami Suparnananda Maharaj
Ramakrishna Mission
Institute of Culture, Kolkata

Programme Highlights

Lighting of the Lamp & Felicitation | Unveiling of Centre Plaque & Virtual Tour
Special Lectures on the Science of Happiness
Announcement of SEC Courses | First Executive Committee Meeting
We look forward to your gracious presence as we embark on this journey towards
cultivating happiness, purpose and positive transformation.

Hosted by

Rekhi Centre of Excellence for the Science of Happiness
Adamas University, Kolkata

Inaugural Ceremony (1:30 PM – 2:15 PM)
Opening & Welcome Speech | Lamp Lighting Ceremony | Felicitation of Dignitaries

Inaugural Address:

Prof. (Dr.) Samit Ray, Chancellor, Adamas University

Welcome Addresses:

Prof. Radha Tamal Goswami, Pro Vice-Chancellor, Adamas University

Keynote Address:

Prof. (Dr.) Rekhi Singh, Founder, Rekhi Foundation
Prof. Luis Gallardo, Founder & President, World Happiness Foundation

About the Centre:

Prof. Moumita Mukherjee, Dean R&D & Director, Rekhi Centre of Excellence for the Science of Happiness

Special Addresses:

Prof. Manas Kumar Mandal, Distinguished Professor, IIT Kharagpur & Member, Rekhi Foundation for Happiness, USA

Unveiling of Plaque & Virtual Tour

Vote of Thanks:

Prof. Snehamanju Basu, Director IQAC

Special Lectures (2:30 PM – 4:00 PM)

Lecture I (2:30 PM – 3:15 PM)

Prof. Manas Kumar Mandal, Distinguished Professor, IIT Kharagpur & Member, Rekhi Foundation for Happiness, USA
Topic: "Decoding Science of Happiness"

Lecture II (3:15 PM – 4:00 PM)

Swami Suparnananda Maharaj, Ramakrishna Mission Institute of Culture, Kolkata
Topic: "Uncovering the Inner Source of Happiness"

Announcement of SEC Courses on Happiness (4:00 PM – 4:10 PM)

Prof. Moumita Mukherjee, Member & Head, Mind Lab, Rekhi Centre of Excellence for the Science of Happiness and Assistant Prof. Dept. of Geography, Adamas University

Vote of Thanks (4:10 PM – 4:15 PM)

Dr. Anu Rai, Member Secretary, Rekhi Centre of Excellence for the Science of Happiness, CRDC, Adamas University

Physical tour of the centre (4:15 PM -4.30 PM)

Venue – Rekhi Centre of Excellence for the Science of Happiness, CRDC, Adamas University

1st Executive Committee Meeting (4:30 PM – 5:00 PM)

Venue – Rekhi Centre of Excellence for the Science of Happiness, CRDC, Adamas University

Closure & End-of-Day Reflections (5:00 PM – 5:30 PM)

Venue – Rekhi Centre of Excellence for the Science of Happiness, CRDC, Adamas University

For further enquiries:

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Registration of Participation

Venue: AUI Registration Desk

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03	Subashini	Researcher	Education	SOE	6290086014	subashini	Subashini
04	Subashini	Researcher	Chemistry	SOBAS	9432401181	subashini	Subashini
05	Ramesh	Asst. Prof	ECF	SOET	7683873672	ramesh	Ramesh
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07	Pradeep	PhD Student	Physics	SOBAS	9003643279	pradeep	Pradeep
08	Swarup	PhD Student	Pharmacy	So Medical Sci	628559373	swarup	Swarup
09	Surya	Asst. Prof	EEE	SOET	9304772595	surya	Surya
10	Animesh	Asst. Prof	EEE - RME	SOET	8536866974	animesh	Animesh
11	Sumit	PhD	Pharmacy	SOHMS	913472601	sumit	Sumit
12	Anshu	PhD	English	SOLACS	8335913887	anshu	Anshu
13	Anshu	PhD	English	SOLACS	8336071967	anshu	Anshu
14	Sudhakar	PhD	EEE	SOET	849945702	sudhakar	Sudhakar
15	Ramesh	PhD	So	SOBS	9679952907	ramesh	Ramesh
16	Ankur	PhD	SOBAS/Gen	SOBAS	9674252647	ankur	Ankur
17	Ankur	Professor	SOBAS/Gen	SOBAS	9433807840	ankur	Ankur
18	Ankur	Asst. Prof	SOET	SOET	9432470022	ankur	Ankur
19	Ankur	Teaching Asst	EEE	SOET	9593607548	ankur	Ankur
20	Pablo	Asst. Prof	DOAH	SOHMS	9836492469	pablo	Pablo
21	Ankur	PhD St.	SOME	SOME	9177546426	ankur	Ankur
22	Ankur	PhD St.	SOME	SOME	9177546426	ankur	Ankur
28	Ankur	PhD St.	Eng	SOLACS	7586099927	ankur	Ankur
29	Ankur	PhD St.	Eng	SOLACS	6276998565	ankur	Ankur
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34	Aparna	Rev	Geography	SOBAS		aparna	Aparna
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48	Ankur	Asst. Prof			7717752107	ankur	Ankur
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Inauguration of REKHI Centre of Excellence for the Science of Happiness							
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