

ANGANA NANDY

PROFILE

Being dedicated and passionate psychologist, my area of interest encompasses proficiency in teaching psychology, generating scholarly research composition and counselling. I have experience in quantitative data analysis and qualitative narrative literature analysis. I believe that students are the hope of future generation and education is an important gateway towards progress. I try to creatively utilize my subjective knowledge in the practical realms of reality for making an effective social contribution.

CONTACT

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RESEARCH EXPERIENCE

- An exploratory study on the effect of Pet ownership and pet attachment on mental well-being, stress perception and resilience (Quantitative Research using SPSS software) - dissertation under Dr. Tilottama Mukherjee; Professor, Department of Psychology, University of Calcutta
- An Existential Journey: Finding Meaning through the Existential Crisis of Apu in the Apu Trilogy by Satyajit Ray - Qualitative Research (International Journal Of Indian Psychology - Published at - <https://ijip.in/articles/existential-journey/>)
- The Role of AI Technology In Cognitive Impairment Of Elderly People (paper presentation at ICSSR Sponsored National Seminar By St. Xavier's College)

TEACHING EXPERIENCE

- School of Health and Medical Sciences, Adamas University (Assistant Professor of Psychology, CDC Coordinator; April 2025 - Present)
Teaching, Research, Curriculum Development
- Sudhir Memorial Institute (PGT Assistant Teacher & Counsellor;
Jan - Feb 2025)
Psychology teaching, Curriculum Development, Counselling Students

EDUCATIONAL QUALIFICATION

- PHD Scholar; Calcutta University, Psychology Department (2025-Present)
- UGC NET & WB SET Qualified For Assistant Professor and PHD (2024)
- MSc in Psychology (Specialization in Clinical Psychology), Rajabazaar Science College, University Of Calcutta (2023 with 7.29 CGPA)
- BSc in Psychology, Seth Anandram Jaipuria college, University Of Calcutta (2021 with 7.4 CGPA)
- Higher Secondary Education, Ananda Ashram Sarada Vidyapith (2018 with 80%)

Practical Experience

● TMS Mindcare Clinic (Consultant Psychologist; June 2024 - Dec 2024)

Psychometric Assessment, Psychotherapy, Mental health counselling service (CRF, MSE, Report writing, intervention plan)

● Breaking Through Dyslexia (Counselling Psychologist; March 2024 - June 2024)

Psychometric Assessment, Psychotherapy, Mental health counselling

● Calcutta Pavlov Hospital (Clinical Psychology Internship; Oct 2022- Dec 2022)

Individual Counselling, CRF, MSE, psychometric assessment, intervention techniques

● Calcutta Medical Hospital (Clinical Psychology Internship; March 2023 - May 2023)

The internship provided an application-based learning of facets of Clinical Psychology

● Worked as a Research Intern on Narrative Literature Review in Social Sciences under Dr. Debdulal Dutta Roy (Former Associate Professor of the Indian Statistical Institute, Kolkata)

TRAINING EXPERIENCE

● Certified Graphotherapist (Mindzone Institute) - Handwriting analysis/Graphotherapy

● Certified Art and Movement Therapist (Indian Counselling Service)

SKILLS

● Completed advance fundamental of Computer course/ Website analysis/ research (Qualitative research/Quantitative research/SPSS tool/Microsoft Word/Microsoft Excel) Psychometric assessment, Counselling, Psychotherapy

PUBLISHED MENTAL HEALTH WRITING

● Smartphone Addiction

<https://monomousumi.com/our-new-generation-best-friend/>

● Inside The Criminal Mind

<https://reflections.live/articles/7751/inside-the-criminal-mind-leading-cause-towards-darker-world-6549-18zsb9e7.html>