

Aritra Mukherjee  
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### **Educational Background**

<b>PhD scholar at the University of Delhi</b>	<b>2019-Ongoing</b>
<b>Masters of Arts in Psychology (78.9%)</b> <i>Department of Psychology, University of Delhi, Delhi</i>	<b>2015-2017</b>
<b>Certificate course in German</b> <i>Department of Foreign Language, Ramjas College, Delhi</i>	<b>2016-2017</b>
<b>Bachelor of Arts(Honors) in Psychology (83.1%)</b> Keshav Mahavidyala, University of Delhi, Delhi	<b>2012-2015</b>

### **Positions Held**

<b>Assistant Professor of Psychology, Adamas University</b>	<b>2025-Ongoing</b>
<b>Guest Faculty</b> <i>Jesus and Mary College, University of Delhi</i>	<b>2023- 2023</b>
<b>NET-JRF Qualified (Roll no: 15058871)</b>	<b>2018</b>
<b>Research Associate at Techcelx Pvt. Ltd.</b>	<b>2018-2018</b>

### **Research Interests:**

Victimization, Acknowledgment, Resistance, inequality, liberation psychology

### **Academic Achievements**

**Ph.D. Dissertation Title:** Understanding Collective Victimization & Resilience Among Kashmiri Pandits: A Qualitative Study (submitted)

Explored victimization and resilience by applying the appraisal theory framework. Employed thematic analysis by conducting 25 interviews

Analyzed 45 accounts through anthologies written by community members

Exploring the notions of Resilience through a reflexive thematic analysis lens

**Undergraduate Thesis Title:** Attitude Towards Homosexuality In Urban Indian City A Cross-Generational and Gender Studies.

Conducted Survey research using a standardized scale to measure attitudinal differences among different age groups (18-25, 35-45, 60 -70)

Performed inferential statistics (ANOVA, t-tests) to establish differences.

Conducted interview on extreme score cases (4 from each generation (2 men and 2 women) to understand reasons for extreme favorability and unfavourability.

### **Research Experience**

**Research Investigator: Innovation Project,  
Keshav Mahavidyalaya, University of Delhi, Delhi**

**2013-2014**

Research Topic: Optimism, Attitude Towards Daily Life and Psychological Well- Being as Correlates of Coping: Enhancing Coping in the Elderly  
Systematically reviewed the literature to develop interventions  
Administering interventions and following up  
Engaged in narrative techniques to change maladaptive coping strategies to adaptive coping strategies  
Coordinated and collaborated with students from different backgrounds  
Developed testable hypotheses and collected data at various points of the research

**Research Trainee  
Defense Research and Development Organization, Delhi**

**May, 2015- July, 2016**

Research Topic: Perceived Factors in Professional Obsolescence in a Government Organization: A Qualitative Study  
Planned and researched mid-level scientists  
Negotiated with the insider-outsider dynamics  
Conducted pilot interviews to engage in the field  
Developed coding strategies through literature and emergent patterns in the data  
Reflexive engagement through keeping memos

**Publications**

**Research Papers**

- Mukherjee, A., Agarwal, G., Tandon, C., & Meena, A. (2024). Exploring Narratives of Victimization, Resistance, and Resilience Among Dalits Using Thematic Analysis. *CASTE/A Global Journal on Social Exclusion*, 5(2), 160-185.
- Mukherjee, A., Bharadwaj, I.U., Chhabra, D. (Under review). Appraisal of Power Among Two Victim Groups.
- Singh, J, Khurana, S, Mukherjee, A & Kumar, A . Attitude towards Homosexuality (2017). Conference Journal, *National Conference on Psychological Applications and Intervention: Reaching Out and making Difference*.
- Singh, A. K., Mukherjee, A., & Kumar, R. (2018). Perceived factors in professional obsolescence: A qualitative exploration of a government research and development (R & D) organization. *Journal of the Indian Academy of Applied Psychology*

**Book Chapters**

- Marazzi, C., Mukherjee, A., & Vollhardt, J. R. Collective resilience and resistance. In *The Power of Collective Resilience Against Political Violence and Repression* (pp. 145-164). Routledge.

**Conference Presentation**

- Mukherjee, A. (2023) Exploring the Effect of Historical and Conflict level Victimhood on Intergroup Relations Between India-Pakistan Conflict Among Urban Indians. Annual Conference of Society of Personality and Social Psychology, Atlanta, Georgia.
- Mukherjee, A. (2023) Exploring Narratives of Victimization, Resistance, and Resilience Among Minoritized Dalit Individuals Using Thematic Analysis. Association of Academics for Social Justice, ISEC, Bengaluru

Mukherjee, A., Tandon, C., Aggarwal, G., & Meena, A. (2023) Exploring Narratives of Victimization and resilience Among Minoritized Dalit Individuals Using Found Poetry and Reflexive Thematic Analysis. Annual Conference of 24hrs of Political Psychology (Virtual presentation)

Tandon, C., Aggarwal, G., Mukherjee, A., & Meena, A. (2022) Exploring Resistance through found poetry: A process for Member check and analysis. Annual Conference of Society of Qualitative Inquiry in Psychology (virtual Conference)

Mukherjee, A. & Johri, A. (2022) Where is Caste? A descriptive study on Graduate and Post-Graduate Psychology Courses in Central Universities. Annual Conference National Academy of Psychology (Virtual)

Mukherjee, A. et al. (2022) Everyday Caste Realities: Exploring DBA Narratives of Discrimination and Resistance. Annual Conference of National Academy of Psychology (Virtual)

Mukherjee, A., and Bharadwaj, I.U., (2021, July). Essentialism and Class: A Triangulation Study on Essentialist Beliefs of Class Among Urban Indians. 14th Biennial Conference of Asian Association of Social Psychology (Virtual Conference).

Mukherjee and Bharadwaj, I.U. (2021, July). A Triangulation Study on Essentialist Beliefs of Class Among Urban Indians. 14th Biennial Conference of Asian Association of Social Psychology (Virtual Conference).

Mukherjee, A. and Bharadwaj, I.U. (2021, March). Essentialism in Indian Context: A study utilizing the Brain transplant paradigm. Annual Conference of National Academy of Psychology (Virtual Conference)

Mukherjee, A. (2021, July). Exploring Acknowledgment and denial among Rohingya refugees in India: A phenomenological exploration. Annual PSYPAG Virtual Conference

Mukherjee, A. & Bhatia, H. (2014) To study the relationship between Procrastination, Motivation, and personality among undergraduate students. International Association of Positive Psychology

### **Seminars and Talks Given:**

Quantitative Research Methods at You're Wonderful Project (2022)

Introduction to Research Method at You're Wonderful Project (2021)

Quantitative Research Methods at You're Wonderful Project (2021)

"Doing Fieldwork in India." Graduate Class symposium at California State University, Long Island, United States of America (2020)

### **Conference and Workshop Participation**

3rd International Conference on Psychology and Alliance Sciences- Theme: Nurturing Values and Strengths in Individual and Society: Role of Psychology"

7-day workshop on Advanced Qualitative Research Methods in Psychology by National Academy of Psychology

"Crafting your Methodology" University of Delhi

National Seminar on "Health and Wellbeing: Reflecting on Dominant Practices and Emerging Challenges, University of Delhi

Gandhi Institute of Education of Peace and Sustainable Development: Talking across a generation: Radicalizing Education Against Terrorism, by Mahatma Gandhi Institute of Education and Peace, Delhi  
The Bridge Talks on Feminism, Imperial Hotel, Delhi, New Delhi.

## **Teaching Experience**

### **2025: Assistant Professor at Adamas University, Kolkata**

Taught Research Methodology, Computer Application of Statistical Methods, Media Psychology, and Social Psychology for Postgraduate and graduate students.

Guided 6 students from the Undergraduate level on their dissertations mostly focused on topics such as sex discrimination, culture and its influence in conflict styles, humor and coping; and 2 students at the post-graduate level focusing on surviving sexual trauma and on the use of mindfulness and depression.

Took charge of the Planning and Monitoring committee of the department and successfully oversaw a NAAC visit also implemented the NEP syllabus for PG level and monitored changes needed for the 2025 batch.

As IQAC co-ordinator assisted in filing the AQAR details and conducted academic audit of the psychology department for the year 2024-2025.

### **2023: Guest Faculty at Jesus and Mary College, University of Delhi**

Taught Basics of Organization Psychology and Social Psychology to BA program students

Designed practicum on leadership and situational judgment test on prosocial behavior

Regular assessment was done by traditional methods of tests and innovative methods of Meme designing and Reels

### **2022: Social Psychology as per JRF scholar requirement for M.A. students**

Designed Practical on Colonialism and Indo-Pakistan relationship using Collective victimhood framework  
Gather 690 and 580 Data, respectively.

Currently analyzing and constructing a research paper on both of these topics.

Taught Social Identity theory and Intergroup relations with a special focus on Genocide research.

### **2021: Social Psychology and Qualitative Methods as per JRF scholar requirement for M.A. students**

Developed practical while applying vignettes and using role-method to understand Intergroup relations

Taught symbolic interactionism, Social comparison, and Intergroup theory

Handled tutorial sessions in qualitative psychology, clarifying doubts on qualitative concepts

### **2019: Appreciating Diversity as per JRF scholar requirement for M.A. students**

Conducted Practical on Essentialism of class and gender among different classes and gender

Produced two conference papers and presented at a national and international conferences.

## **Employment History**

Research Associate at Techcelx Pvt Ltd.  
**2018**

**February, 2018- August,**

Developed Psychometric tool to assess personality using Situational Judgment Test (in Hindi and English) for marginalized population

Conducted multiple Focused Group Discussions with Marginalized population

Established robust Algorithm-driven Scoring procedure

Internship, E-Pathshala Project,

Ministry of Human Resource Development, Delhi

**January, 2016- March, 2016**

Developed MOOC presentations for Post-graduate students in psychology

Received a performance rating of “excellent”

Internship at Unnati,  
Naurang Foundation, Delhi

June, 2013- July 2013

Engaged in recruiting by using various e-recruitment portals

Developed and produced 100 internal and external job descriptions for different positions

Participated in cold calling to recruit suitable individuals

### **Awards:**

Certificate of Merit- Psychology

2014

Award given to the student who has the highest distinction after completion of an academic year.

Certificate of Merit- Psychology

2015

Award is given to the student with the highest distinction after completion of an academic year.

Gem of Keshav – Psychology

2015

Given to two students for the recognition of their potential in their field and the college. The selection is done from the batch of graduating students.

### **Professional Membership:**

Member of Society of Personality and Social Psychology

### **Technical Skills**

Research Skills: Quantitative Methods: SPSS, Survey designing, Psychometrics. Qualitative Method: Thematic Network Analysis, Grounded Theory research, Narrative Analysis

Language Skills: English (Professional), Bengali (Native), Hindi (spoken), Portuguese (B1), Spanish (B2), German (A1)

### **References:**

Dr. Ishita Upadhyay Bharadwaj  
Associate Professor, Department of Psychology,  
Faculty of Arts, University of Delhi.  
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Dr. Alka Bajpai,  
Associate Professor,  
Department of Psychology,  
Faculty of Arts, University of Delhi.  
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