



# BIDISHA SASMAL

📍 HOWRAH, WEST BENGAL 711112

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[Bold Profile](#)

## SUMMARY

Dynamic educator with experience as Teaching Assistant at Adamas University, specializing in instructional support and student assessment. Developed engaging curriculum and provided tailored guidance, resulting in improved student performance. Proficient in classroom management and fostering effective interpersonal relationships to motivate students toward academic success.

## SKILLS

- Instructional support
- Student assessment
- Classroom management
- Time management
- Motivational techniques
- Affective problem-solving
- Interpersonal relationship management

## EXPERIENCE

### TEACHING ASSISTANT, 01/2025 - Current

**Adamas University**, Kolkata, India

- Organized educational activities such as field trips and assemblies.
- Attended meetings with administrators, deans, and other key stakeholders regarding curricular matters.
- Graded assignments, tests and papers according to department instructions.
- Participated in professional development workshops related to teaching techniques.
- Provided instruction and guidance to undergraduate and graduate students in the classroom setting.
- Provided one-on-one support to students requiring additional assistance.
- Prepared and set up equipment and materials for laboratory sessions.
- Developed curriculum, lesson plans, and lab exercises for semester classes.
- Attended faculty meetings and participated in student outcome assessments with departmental members.

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### PRIVATE TUTOR, 08/2017 - 12/2024

**Self**, Howrah, India

- Counseled students on study skills, organizational techniques, time management strategies.
- Monitored student progress through regular assessments and feedback sessions.

- Provided individualized instruction to students based on their academic needs.
- Assessed and evaluated student progress in order to adjust teaching methods accordingly.
- Encouraged and motivated students to work hard towards achieving their educational goals.

## EDUCATION AND TRAINING

**Baba Saheb Ambedkar Education University**, West Bengal, 10/2022  
**B.ED: History**

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**University of Calcutta**, Kolkata, West Bengal, 07/2020  
**Master of Science: Applied Psychology**

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**University of Calcutta**, Kolkata, West Bengal, 06/2017  
**Bachelor of Science: Psychology**

## CERTIFICATIONS

- Faculty Development Program by Adamas University in 2025
- International Conference on 'Reflections on Research Beyond Discipline' by St. Xavier's University, Kolkata, in 2023
- Guidance and counseling from Bijay Krishna Girls' College in 2018

## LANGUAGES

**Bengali:** First Language

<b>Bengali:</b>	C2	<b>English:</b>	C2
Proficient (C2)		Proficient (C2)	
<b>Hindi:</b>	A1		
Beginner (A1)			

## RESEARCH

- Research on A Probe into Environmental Attitude, Environmental Identity, Connectedness to Nature & Pro-social Behavior of Urban, Suburban and Rural college students

## SOFTWARE PROFICIENCY

- SPSS (Statistical Package for the Social Sciences)
- UMS (University Management System)
- LMS (Learning Management System)