

ADAMAS UNIVERSITY
SCHOOL OF HEALTH AND
MEDICAL SCIENCES

DEPARTMENT OF PSYCHOLOGY

B.A. (Hons.) in Psychology
B.Sc. (Hons.) in Psychology
Course Structure

Implementation- Academic Year 2025

VISION OF THE UNIVERSITY

To be an internationally recognized university through excellence in interdisciplinary education, research and innovation, preparing socially responsible, well-grounded individuals contributing to nation building.

MISSION OF THE UNIVERSITY

MS 01: Improve employability through futuristic curriculum and progressive pedagogy with cutting edge technology.

MS 02: Foster outcomes based education system for continuous improvement in education, research and all allied activities.

MS 03: Instil the notion of lifelong learning through culture of research and innovation.

MS 04: Collaborate with industries, research centres and professional bodies to stay relevant and up-to-date.

MS 05: Inculcate ethical principles and develop understanding of environmental and social realities.

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VISION OF THE SCHOOL

To be recognized globally as a provider of best quality education in the fields of Pharmacy, Food and Nutrition, Optometry, Psychological sciences and Mental Health while providing firm footings for fundamental and interdisciplinary research

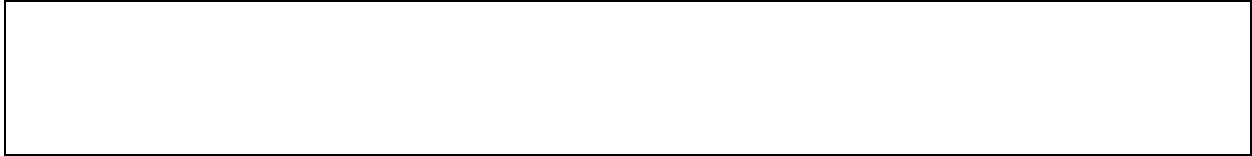
MISSION OF THE SCHOOL

MS 01: To develop solutions for the challenges in human life through value-based scientific education.

MS 02: To conduct research leading to innovation in sciences.

MS 03: To nurture students into scientifically competent professionals in the usage of modern tools.

MS 04: To foster in students, a spirit of inquiry and collaboration to make them ready for career in teaching, research and corporate world.



VISION OF DEPARTMENT

To be an internationally recognized department through excellence in Psychological research, teaching and innovation, thus preparing socially responsible and well-grounded individuals contributing to the welfare of the society.

MISSION OF DEPARTMENT

MS 01: Foster outcome-based education system for ongoing improvement in psychological education and research

MS 02: To instill community-based understanding and application of psychological principles

MS 03: Collaborate with hospitals, research institutes, and professional bodies to stay relevant and produce constructive outcomes

MS 04: Inculcate ethical principles and develop empathetic understanding of Psychological environment.

ADAMAS UNIVERSITY, KOLKATA

SCHOOL OF HEALTH AND MEDICAL SCIENCES

DEPARTMENT OF PSYCHOLOGY

Name of the Program: B.A/B.Sc (Hons.) in Psychology

Program Educational Objectives (PEO)

PEO 01: Foundational Knowledge in Psychology- Graduates will develop a solid understanding of core psychological principles, theories, and methods across various subfields, enabling them to analyse human behaviour scientifically and apply this knowledge in diverse contexts.

PEO 02: Practical Skills and Applications- Graduates will acquire essential practical skills, including psychological assessment, research methodologies, and data interpretation, preparing them for professional practice, further education, or interdisciplinary collaboration.

PEO 03: Ethical and Inclusive Practice- Graduates will cultivate ethical awareness and sensitivity toward diversity, equipping them to address psychological challenges responsibly and inclusively in multicultural and global contexts.

PEO 04: Lifelong Learning and Personal Growth- Graduates will demonstrate a commitment to lifelong learning, critical thinking, and self reflection, empowering them to adapt to evolving societal needs and contribute to the well-being of individuals and communities.

PROGRAM OUTCOMES- B.A./B.Sc. (HONS.) PSYCHOLOGY

PO1: Knowledge of Psychology: Demonstrate in-depth knowledge and understanding of Psychological theories and principles and able to integrate the knowledge in more constructive ways.

PO2: Application of Psychological Principles: Apply the knowledge of psychological principles in different areas of psychological research as well as in more applied areas of psychology.

PO3: Knowledge of Statistical Techniques: Understand and apply the knowledge of statistical techniques in different areas of psychological research.

PO4: Community Based Implementation of psychological Principles: Apply the principles and techniques of psychosocial theories in community-based programs for the welfare of the community at large.

PO5: Fundamentals of Psychological Research: Conceptualize, conduct, organize, integrate and execute independent forms of research by applying the principles of research methodology.

PO6: Psychological Testing and Interpretation: Able to administer, score, and interpret sufficiently different psychological tests following standardized methods and ethical considerations.

PO7: Application of Modern Statistical Tools: Knowledge and understanding of modern statistical tools like SPSS in data analysis of psychological research.

PO8: Ethics in psychology: Understand and follow the ethical considerations in dealing with clients and community at large.

PO9: Soft skills and effective communication: Demonstrate soft skills and effective communication skills while dealing with clients and professional bodies.

PO10: Team work and Professionalism: Able to work effectively in teams, socialize well and demonstrate professionalism on the job.

PO11: Empathetic understanding of Behaviour: Develops a sense of empathetic understanding of other's situation and behaviour especially in professional interactions.

PO12: Life-long learning: Demonstrates a curiosity to continue life-long learning of the theories, modern approaches and application of psychological principles and techniques.

ACADEMIC 2025- 2029

SCHOOL OF HEALTH AND MEDICAL SCIENCES

UNDERGRAGUATE COURSE STRUCTURE								
B.A./B. Sc (Hons) PSYCHOLOGY								
BATCH 2025-2029								
SEMESTER I								
S. No	Type of Course	Code	Title of the Course	Contact Hours Per Week				Remarks
				L	T	P	C	
1	CC	PSY101	Introduction To Psychology	3	0	1	4	CC-1
2	CC	PSY102	Personality and Individual Differences	3	0	1	4	CC-2
3	MDC	Students select from a pool of subjects offered by other Departments.		2	0	1	3	
4	AEC	AEC101	Communicative English I	1	1	0	2	
5	CLL- AEC	Foreign Language I (Student chooses from French/Spanish/German)		1	1	0	2	
		AEC107	French I					
		AEC108	German I					
		AEC109	Spanish I					
6	Minor	Students select from a pool of subjects offered by other Departments.		3	1	0	4	
7	VAC	VAC105	Community Engagement and Social Responsibility	1	0	1	2	
8	Minor	GEN101	AI For Everyone	2	0	0	2	
Semester Credits							23	
SEMESTER II								
9	CC	PSY103	Bio-Psychology	3	1	0	4	CC-3
10	CC	PSY104	Developmental Psychology	3	1	0	4	CC-4
11	MDC	Students select from a pool of subjects offered by other Departments.		3	0	0	3	
12	SEC	Students select from a pool of subjects offered by other Departments. Has the option to opt from Parent Department as well.		2	0	0	2	

13	CLL103	Soft Skills and Aptitude I		1	0	0	1	
14	VAC	VAC101	Environmental Education-I	2	0	0	2	
15	AEC	AEC102	Communicative English II	1	1	0	2	
16	CLL- AEC	Foreign Language II (Student chooses from French/Spanish/German)		1	1	0	2	
		AEC110	French II					
		AEC111	German II					
		AEC112	Spanish II					
17	Minor	Students select from a pool of subjects offered by other Departments.		3	1	0	4	
Semester Credits							24	
SEMESTER III								
18	CC	PSY201	Basic Statistical Methods	3	1	0	4	CC-5
18	CC	PSY202	Basic Research Methodology	3	1	0	4	CC-6
20	MDC	Students select from a pool of subjects offered by other Departments.		3	0	0	3	
21	Minor	Students select from a pool of subjects offered by other Departments.		3	0	1	4	
22	CLL203	Soft Skills and Aptitude II		1	0	0	1	
23	SEC	Students select from a pool of subjects offered by other Departments. Has the option to opt from Parent Department as well.		2	0	0	2	
24	VAC	VAC102	Human Values and Professional Ethics	2	0	0	2	
Semester Credits							20	
SEMESTER IV								
25	CC	PSY203	Social Psychology	3	0	1	4	CC-7
26	CC	PSY204	Paradigms of Psychology and Indian Thought	3	1	0	4	CC-8
27	CC	PSY205	Clinical Psychology	3	0	1	4	CC-9

28	SEC	Students select from a pool of subjects offered by other Departments. Has the option to opt from Parent Department as well.		2	0	0	2	
29	CLL204	Soft Skills and Aptitude III		1	0	0	1	
30	Minor	Students select from a pool of subjects offered by other Departments.		3	1	0	4	
31	VAC	VAC104	Yoga and Wellness	0	0	2	2	
Semester Credits							21	
SEMESTER V								
32	CC	PSY301	Health Psychology	3	1	0	4	CC-10
33	CC	PSY302	Advanced Statistical Methods	3	1	0	4	CC-11
34	CC	PSY303	Industrial and Organizational Psychology	3	0	1	4	CC-12
35	Minor	Students select from a pool of subjects offered by other Departments.		3	0	1	4	
36	SEC	Students select from a pool of subjects offered by other Departments. Has the option to opt from Parent Department as well.		2	0	0	2	
37	CLL303	Soft Skills and Aptitude IV		1	0	0	1	
38	INT	PSY304	Internship	0	0	8	4	
Semester Credits							23	
SEMESTER VI								
39	CC	PSY305	Introduction to Guidance and Counselling	3	0	1	4	CC-13
40	CC	PSY306	Clinico-forensic psychology	3	1	0	4	CC-14

41	CC	PSY307	Cognitive Psychology	3	1	0	4	CC-15
42	Minor	Students select from a pool of subjects offered by other Departments.		3	0	1	4	
43	SEC	Students select from a pool of subjects offered by other Departments. Has the option to opt from Parent Department as well.		2	0	0	2	
44	Project	PSY308	Psychological Project Work	0	0	8	4	
45	CLL304	Soft Skills and Aptitude V		1	0	0	1	
Semester Credits							23	
Total Credits of the Program after 3rd Year								
SEMESTER VII								
46	CC	PSY401	Basics of psychotherapy	3	1	0	4	CC-16
47	CC	PSY402	Advanced Research Methodology	3	1	0	4	CC-17
48	CC	PSY403	Psychological Assessment-I	2	0	2	4	CC-18
49	CC (For With research)	PSY404	Research design and statistics (Discussions on Dissertation/Topic Selection Begins)	3	1	0	4	CC-19 (Research)
50	CC (For Without research)	PSY405	Indigenous and Cultural Concepts of Health and Wellbeing	3	1	0	4	CC-19(without Research)
51	Minor	Students select from a pool of subjects offered by other Departments.		3	1	0	4	
52	CLL405	Soft Skills and Aptitude VI		1	0	0	1	
Total Semester Credit							21	
Semester VIII								
53	CC (For Without research only)	PSY406	Gender Psychology and Inter-sectionality	3	1	0	4	CC-20

54	CC (For both with and Without research)	PSY407	Psychological Assessment – II	0	0	8	4	CC-21
55	CC (For Without Research only)	PSY408	Positive Psychology	3	1	0	4	CC-22(without Research)
56	Minor (For both with and Without research)	Students select from a pool of subjects offered by other Departments.		3	1	0	4	
57	Minor (For without research)	Students select from a pool of subjects offered by other Departments.		3	1	0	4	
58	Dissertation (For with research only)	PSY409	Project/Dissertation	0	6	6	12	
Total Semester Credit							20	
Total Credits of the Program after 4th Year							175	

NOTE: With research is only allowed for Students who secure 75% marks and above in the first six semesters

There is a minimum requirement of 16 credits in a single domain for eligibility to obtain a minor in that domain. A student may pursue one or more minor, however, dual minors will not be permitted. In cases where a student completes 16 credits in each of two distinct minor domains, the student must choose one minor among those two, which will be recorded in their academic transcript.